

BREAKFAST

MARCH 2020
ST MALACHY

Monday

2
NUTRIGRAIN BARS
WG CEREAL
FRUIT & FRUIT JUICE
MILK

9
YOGURT
WG CEREAL
FRUIT & FRUIT JUICE
MILK

16
SPRING BREAK

23
VARIETY POP TARTS
WG CEREAL
FRUIT & FRUIT JUICE
MILK

30
WG LONG JOHN
WG CEREAL
FRUIT & FRUIT JUICE
MILK

Tuesday

3
EGG PATTY
WG CEREAL
FRUIT & FRUIT JUICE
MILK

10
EGG TACO-GO
FRUIT & FRUIT JUICE
WG CEREAL
MILK

17
SPRING BREAK

24
EGG & CHEESE OMELET
WG CEREAL
FRUIT & FRUIT JUICE
MILK

31
COOKS CHOICE
WG CEREAL
FRUIT & FRUIT JUICE
MILK

Wednesday

4
FRENCH TOAST STICKS/SYRUP
WG CEREAL
FRUIT & FRUIT JUICE
MILK

11
PANCAKE SAUSAGE WRAP
SYRUP
WG CEREAL
FRUIT & FRUIT JUICE
MILK

18
SPRING BREAK

25
PANCAKES & SYRUP
WG CEREAL
FRUIT & FRUIT JUICE
MILK

Thursday

5
COOKS CHOICE
WG CEREAL
FRUIT & FRUIT JUICE
MILK

12
VARIETY FRUDDLES
WG CEREAL
FRUIT & FRUIT JUICE
MILK

19
SPRING BREAK

26
SAUSAGE PATTY
WG CEREAL
FRUIT & FRUIT JUICE
MILK

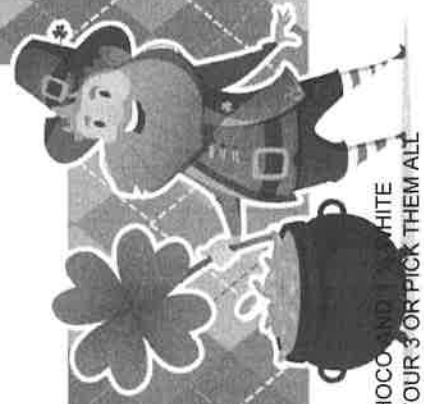
Friday

6
EGG & CHEESE OMELET
WG CEREAL
FRUIT & FRUIT JUICE
MILK

13
NO SCHOOL

20
SPRING BREAK

27
EGG PATTY
WG CEREAL
FRUIT & FRUIT JUICE
MILK



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER "AND JUSTICE FOR ALL"

WG=WHOLE GRAIN...K-8 OFFER VS SERVE..WATER AVAILABLE AT ALL MEALS...MILK OFFERED WITH ALL MEALS SKIM WHITE AND CHOCO AND SW WHITE MENU SUBJECT TO CHANGE....BUILD YOUR MEAL....MUST HAVE 3 COMPONENTS ON YOUR TRAY ONE MUST BE A FRUIT OR JUICE...PICK YOUR 3 OR PICK THEM ALL